Title: Strategies to increase self-esteem  
Abstract: This article discusses improving your self-esteem. Robyn Steward is an autistic trainer, author and musician who helps people to better understand autism. She goes into schools to talk to autistic pupils and provide workshops, helps parents and teachers build up children's and pupils' self-esteem and provides some practical steps autistic people can take to help build up their self-esteem.  
Publication date: 2018  
Keywords: Self-esteem; Autism; Training; Musicians; Social skills teaching; Young people; Children; Adults; Autism spectrum; Confidence  
Availability: Available from the NAS Information Centre  
CID: 47526  
Classification LIV/rec/Mul

Title: Drawing autism  
Authors: Mullin J.  
Abstract: Array of work ranging from established artists like Gregory Blackstock and Jessica Park to the unknown but no less talented. Their creations, coupled with artist interviews, comprise a book that serves to educate and inspire anyone whose life has been affected by autism spectrum disorder (ASD). The introduction by author Temple Grandin provides an overview of autism and advocates nurturing the talents – artistic and otherwise – of autistic individuals. Using artwork created by individuals diagnosed with ASD, the book shows their artistry and self-expression while also serving as a point of entry into understanding how ASD manifests in individuals. Through their art, the contributors exhibit perspectives on how they see the world and their places in it. The book has 7 chapters – Interaction, Individual and Societal; Repetition, Repetition, Repetition; Getting from Here to There; Bird’s Eye View; Another World; It’s All History; and Art for Art’s Sake.  
Publication date: 2016  
Publisher: LOM ART  
Address: LOM ART, Michael O'Mara Books Limited, 9 Lion Yard, Tremadoc Road, London, SW4 7NQ; website: www.mombooks.com  
Keywords: Drawing; Autism spectrum disorders; Art  
CID: 47541  
Classification LIV/rec/Mul