

Developing an adult autism
diagnosis tool incorporating autistic
adults' experiences of diagnosis

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Overview

1. Review of tools and screeners
2. Experiences of diagnosis in adulthood
3. Clinician survey
4. Autism Clinical Interview for Adults (ACIA)

Stephen's perspective

Diagnostic tools and screeners

- NICE recommendations
- Updated review
 - What did it say about diagnostic tools?
 - What did it say about screeners?
 - Clinical implications?
- To be published in Autism

Receiving an autism spectrum diagnosis in adulthood

- Survey of people who had received a diagnosis during adulthood
- Interviewing a number of those
- Findings
- What are the implications?

Clinician views on diagnosis in adulthood

- Interviews
- Survey of teams
- Measures used
- Approaches taken
- Post diagnostic support
- Can we develop a consistent pathway for assessment methods and measures?

Autism Clinical Interview for Adults (ACIA)

- Semi-structured interview
 - Developmental & current
 - With the person
 - With a relative/supporter
- Begun pilot within local autism diagnosis service (approx. 20)
- Reliability and validity
- Attendees & clinician experience
- How will it inform next steps clinically? E.g. formulation, treatment planning, signposting

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